



Happiness

What happiness means to me

Happiness to me has suddenly changed,

Now its simply my family, friends and love that never ends.

It used to be playdates, going out, having 'fun' and being on holiday, especially in the sun.

Of course, those things still make me smile,

In fact, a cheeseburger, chocolate milkshake and most food has done for a while.

Its just that now I have learnt what happiness is really about.

It's the love of 'my people' who have been there throughout.

